



Patient Pre-procedure Covid-19 Testing *Updated July 2021*

First Hill Surgery Center is following the CDC's recommendation of pre-operative COVID-19 testing for all patients¹. If your COVID-19 test is positive or if you have symptoms of the virus your case will be cancelled. Documentation of vaccination status does not exempt you from pre-operative testing.

If your doctor is with The Polyclinic: Your doctor's office staff will schedule your test to be performed 2-3 days (48-72 hours) prior to your procedure at 1145 Broadway, 2nd floor. Your test result will arrive within 1-2 days to your MyChart account. Please contact your doctor's office staff if you have any questions about testing or scheduling.

If your doctor is with any other group: You will receive a call from a member of the First Hill Surgery Center/Polyclinic testing team to schedule your test which will be performed 3 days (72 hours) before your procedure. Generally these calls will be made to you during the week before your surgery but you are welcome to call them at 206-320-6335 if you want to pre-schedule the test.

If you decide to test outside of the Polyclinic, then you must be tested 3 days prior to surgery and fax your test results to 206-720-7755, as well as bring a paper copy or results with you on the day of surgery. You may NOT get a rapid test; it must be a PCR.

As a further precaution, we ask that you self-isolate between the testing and your procedure. Self-isolation includes staying away from public places, avoiding travel, minimizing contact with those within your home, utilizing a separate bathroom if possible and avoiding outside visitors. Please wear a facemask when leaving your home, traveling to your procedure and when entering our facility.

Upon arrival to the surgery center you will be asked about the presence of COVID-19 symptoms such as cough, shortness of breath, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell, or any other symptoms that are severe in nature. In accordance with Washington State guidelines, all persons must wear a mask while inside a healthcare establishment.

Your safety is our priority. Thank you for your patience and understanding during these ever changing times.

Your First Hill Surgery Center Team

¹ Cataract surgery patients receiving Monitored Anesthesia Care (MAC) sedation are exempt from testing. Please contact your surgeon to determine whether you meet the criteria.